

**Patient Intake Form**

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ (DD/MM/YYYY) Gender: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ May we leave a message for you? Yes/No

Work Phone: \_\_\_\_\_ May we leave a message for you? Yes/No

Cell Phone: \_\_\_\_\_ May we leave a message for you? Yes/No

Email: \_\_\_\_\_

May our practitioners contact you personally via email regarding your care? Yes/No

May we add you to our seasonal newsletter and calendar of events via email? Yes/No

How did you hear about us? \_\_\_\_\_ Who can we thank for your referral? \_\_\_\_\_

Occupation: \_\_\_\_\_ Do you primarily sit or stand at work? \_\_\_\_\_

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**Emergency Contact**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to you: \_\_\_\_\_

**Family Doctor**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Date of last appt/physical: \_\_\_\_\_

May we communicate with your family doctor regarding your care at Village Wellness? Yes/No

**Other Health Care Professionals**

(Medical Specialist, Naturopathic Doctor, Homeopath, Physiotherapist, Massage Therapist, etc)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Date of last appt/physical: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Date of last appt/physical: \_\_\_\_\_

May we communicate with your other health care professionals regarding your care at Village Wellness?  
Yes/No

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What is your current Height? \_\_\_\_\_ Weight? \_\_\_\_\_

Do you use a computer for long periods at work? Yes/No

Do you currently take any **prescription medication**? Yes/No

If yes, please specify which: \_\_\_\_\_

Do you currently take any **over the counter medication**? Yes/No

If yes, please specify which: \_\_\_\_\_ For what complaint: \_\_\_\_\_

How often do you take this medication? \_\_\_\_\_

Do you currently take any vitamins or natural supplements? Yes/No

If yes, please specify which: \_\_\_\_\_

Please list any prescription drugs, over the counter medications or supplements that you have taken in the past:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you do weight bearing exercises? Yes/No If yes, how often? \_\_\_\_\_

Do you do cardiovascular exercises? Yes/No If yes, how often? \_\_\_\_\_

Do you smoke? Yes/No If yes, how many per day or week? \_\_\_\_\_

Do you drink alcohol? Yes/No If yes, how many drinks per week? \_\_\_\_\_

Do you use any recreational drugs? Yes/No If yes, how often? \_\_\_\_\_

Have you had any prior surgeries? Yes/No \_\_\_\_\_

Have you had any prior hospitalizations? Yes/No \_\_\_\_\_

Have you had any broken bones? Yes/No \_\_\_\_\_

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**Females Only**

Are you currently pregnant? Yes/No

Number of pregnancies? \_\_\_\_\_ Number of children? \_\_\_\_\_

Have you ever taken any pharmaceutical forms of birth control? Yes/No

Are you currently taking any pharmaceutical forms of birth control? Yes/No

**Males Only**

Have you ever had your prostate examined by a medical doctor? Yes/No

Do you have regular prostate exams? Yes/No

## Patient Health History

Please **CHECK** anything which is **CURRENTLY** causing you problems/concern.

Please **CIRCLE** anything which has been a problem/concern in the **PAST**.

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Tingling                | <input type="checkbox"/> Headache                  | <input type="checkbox"/> Low Blood Pressure     |
| <input type="checkbox"/> Weakness                | <input type="checkbox"/> Migraine                  | <input type="checkbox"/> High Blood Pressure    |
| <input type="checkbox"/> Numbness                | <input type="checkbox"/> Fever                     | <input type="checkbox"/> High Cholesterol       |
| <input type="checkbox"/> Loss of strength        | <input type="checkbox"/> Sweats                    | <input type="checkbox"/> Heart or Blood Disease |
| <input type="checkbox"/> Swollen Joints          | <input type="checkbox"/> Fainting                  | <input type="checkbox"/> Diabetes               |
| <input type="checkbox"/> TMJ Pain R/L            | <input type="checkbox"/> Dizziness                 | <input type="checkbox"/> Stroke                 |
| <input type="checkbox"/> Neck Pain R/L           | <input type="checkbox"/> Loss of Sleep             | <input type="checkbox"/> AIDS/HIV               |
| <input type="checkbox"/> Shoulder Pain R/L       | <input type="checkbox"/> Weight Loss               | <input type="checkbox"/> Cancer                 |
| <input type="checkbox"/> Elbow Pain R/L          | <input type="checkbox"/> Chronic Cough             | <input type="checkbox"/> Hemophilia             |
| <input type="checkbox"/> Wrist Pain R/L          | <input type="checkbox"/> Spitting up Blood         | <input type="checkbox"/> Seizures               |
| <input type="checkbox"/> Hand Pain R/L           | <input type="checkbox"/> Blurred Vision            | <input type="checkbox"/> Tuberculosis           |
| <input type="checkbox"/> Mid Back Pain R/L       | <input type="checkbox"/> Difficulty Breathing      | <input type="checkbox"/> Phlebitis              |
| <input type="checkbox"/> Low Back Pain R/L       | <input type="checkbox"/> Asthma                    | <input type="checkbox"/> Hepatitis              |
| <input type="checkbox"/> Hip Pain R/L            | <input type="checkbox"/> Deafness                  | <input type="checkbox"/> Fibromyalgia           |
| <input type="checkbox"/> Knee Pain R/L           | <input type="checkbox"/> Ringing in the Ears       | <input type="checkbox"/> Nausea                 |
| <input type="checkbox"/> Ankle Pain R/L          | <input type="checkbox"/> Double Vision             | <input type="checkbox"/> Diarrhea               |
| <input type="checkbox"/> Foot Pain R/L           | <input type="checkbox"/> Sinus Problems            | <input type="checkbox"/> Bed Wetting            |
| <input type="checkbox"/> Chest Pain              | <input type="checkbox"/> Earache                   | <input type="checkbox"/> Blood in the Urine     |
| <input type="checkbox"/> Rashes                  | <input type="checkbox"/> Frequent Colds            | <input type="checkbox"/> Indigestion            |
| <input type="checkbox"/> Dry Skin                | <input type="checkbox"/> Difficulty Swallowing     | <input type="checkbox"/> Vomiting               |
| <input type="checkbox"/> Infectious Skin Disease | <input type="checkbox"/> Enlarged Lymph Glands     | <input type="checkbox"/> Frequent Urination     |
| <input type="checkbox"/> Varicose Veins          | <input type="checkbox"/> Speech Problems           | <input type="checkbox"/> Kidney Infection       |
| <input type="checkbox"/> Itchy Skin              | <input type="checkbox"/> Persistent Fatigue        | <input type="checkbox"/> Gallbladder Problems   |
| <input type="checkbox"/> Hives                   | <input type="checkbox"/> Swelling of Ankles        | <input type="checkbox"/> Difficulty Urinating   |
| <input type="checkbox"/> Jaundice                | <input type="checkbox"/> Ulcers                    | <input type="checkbox"/> Kidney Stones          |
| <input type="checkbox"/> Eczema/Psoriasis        | <input type="checkbox"/> Bleeding Disorder         | <input type="checkbox"/> Constipation           |
| <input type="checkbox"/> Belching or Gas         | <input type="checkbox"/> Easily Bruise             | <input type="checkbox"/> Breast Lump/Pain       |
| <input type="checkbox"/> Pacemaker               | <input type="checkbox"/> Heat and Cold Intolerance |   |

## Women Only

- |  |   |
|--|---|
| <input type="checkbox"/> Severe Menstrual Cramps | <input type="checkbox"/> Loss of Menstruation |
| <input type="checkbox"/> Hot Flashes             | <input type="checkbox"/> Irregular Cycles     |

## Family History

Have your grandparents, parents, siblings or children ever been diagnosed with any of the following?

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> High Blood Pressure                      | <input type="checkbox"/> Thyroid Problems                            | <input type="checkbox"/> Cancer  |
| <input type="checkbox"/> High Cholesterol                         | <input type="checkbox"/> Hormone Problems                            | <input type="checkbox"/> Kidney Disease  |
| <input type="checkbox"/> Diabetes<br>(type I or type II)          | <input type="checkbox"/> Breathing or Lung Problems<br>(e.g. asthma) | <input type="checkbox"/> Neurological Conditions<br>(e.g. ALS, MS, Parkinson's, CP, TBI) |
| <input type="checkbox"/> Stroke                                   | <input type="checkbox"/> Rheumatoid Arthritis                        | <input type="checkbox"/> Mental Illness  |
| <input type="checkbox"/> Heart Disease                            | <input type="checkbox"/> Osteoarthritis                              | <input type="checkbox"/> Depression  |
| <input type="checkbox"/> I do not know my family medical history. | <input type="checkbox"/> Other _____                                 |  |

What would you like to achieve by coming to Village Wellness?

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Our primary goal is to work towards the resolution of your current condition as quickly as possible through excellent health care and patient education while helping to prevent you from experiencing this condition again.

Do you have any specific concerns about the therapies we provide?

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We will always give a thorough explanation of what we've found in our history and physical exam; explain the condition we believe you to be suffering from, as well as the treatment options available to you, the expected outcome and any risks involved. Always feel free to ask questions at any stage of your treatment; good communication is an important part of the treatment and prevention process at Village Wellness.

I hereby authorize the health care professionals at Village Wellness, with my prior knowledge, to release or to obtain any health information from my other health care providers as may be required for the management of my case.

I have read and understood the Village Wellness at Appaloosa fee schedule and cancellation policy. I am aware that if insurance claims are being submitted on my behalf I am responsible for any outstanding balance not covered by my insurance policy.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Chiropractic and Massage Patient Intake Form

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**Primary Complaint:**

What is your current concern? \_\_\_\_\_

Where do you feel the discomfort? \_\_\_\_\_

How would you describe the pain? \_\_\_\_\_

(stabbing, dull, achy, stiff & tight, burning, pins and needles, etc.)

Does the pain travel to other parts of the body? \_\_\_\_\_

When did it occur? \_\_\_\_\_ How did it occur? \_\_\_\_\_

Is it getting better, worse, or staying the same? \_\_\_\_\_

Have you seen other health professionals for this concern? Yes/No

If yes whom, and what treatment did they use? \_\_\_\_\_

Have you taken medication for this complaint? Yes/No

Have you ever experienced this complaint before? Yes/No If yes, when? \_\_\_\_\_

Did you receive any treatment at the time for this complaint? Yes/No

Have you had x-rays in relation to the current complaint? Yes/No

Is this an injury that occurred at work? Yes/No If yes, was it reported? Yes/No

Is this an injury as a result of a motor vehicle accident? Yes/No If yes, is there a claim pending? Yes/No

Do you have any known allergies to oils or skin creams? Yes/No \_\_\_\_\_

Have you been to a chiropractor previously? Yes/No

If yes, when was your last treatment? \_\_\_\_\_

Have you been to a massage therapist previously? Yes/No

If yes, when was your last treatment? \_\_\_\_\_

Are you interested in:

Acute Pain Care    Maintenance Care    Wellness Care

If you are unsure which type of care is right for you, please discuss this with your health care practitioner.

## Financial and Cancellation Policy

The doctors and staff at Village Wellness are dedicated to providing the best possible care and service to you, and regard your complete understanding of your financial responsibilities as an essential element of your care and treatment with us. Please initial next to each section to confirm your understanding and acceptance of our policies:

### FEE FOR SERVICE

Village Wellness is a fee for service facility and we require payment at the time of your visit, with the exception of a limited number of companies for which direct billing is available (see below). Many services are covered in part or in full by third party insurance; however, it is ultimately the responsibility of the patient to ensure payment is made at the time of service. Our recommendations for care are based upon our desire to see you get and stay well, despite your level of coverage. Insurance plans or coverage maximums are in no way related to your health but rather are functions of a financial arrangement between you and your insurance provider.

### PRIVATE INSURANCE COVERAGE

Your insurance policy is a contract between you and your insurance company, not between your insurance company and our office. Please take the time to verify your coverage for chiropractic, massage therapy and/or orthotics with your insurer by contacting them prior to your first visit. Please also inquire and obtain any specific insurer required medical prescriptions for service. If you are choosing to submit receipts for reimbursement Village Wellness will provide you with appropriate payment receipts for your reimbursement either at each visit or after multiple appointments depending on your preference.

### DVA / RCMP

Direct billing is currently offered to DVA / RCMP patients. If you exhaust your coverage prior to authorization of an extension request, then you are responsible for any of your services received outside of your original coverage. **IF FOR ANY REASON, DVA OR RCMP WILL NOT APPROVE YOUR CLAIM, YOU SHALL ULTIMATELY BE RESPONSIBLE FOR ALL CHARGES INCURRED.**

### MOTOR VEHICLE PATIENTS

In order to provide direct billing service under the Nova Scotia Motor Vehicle Act, you must abide by the requirements of the approved section B protocols, which may involve exhaustion of your private insurance coverage (depending on your individual circumstances). **IF FOR ANY REASON, YOUR MOTOR VEHICLE INSURER WILL NOT ACCEPT YOUR CLAIM; YOU SHALL ULTIMATELY BE RESPONSIBLE FOR ALL CHARGES INCURRED.**

### WORKER'S COMPENSATION PATIENTS

If you are injured on the job, you will need to inform your employer of the accident and obtain a WCB claim number prior to direct billing by Village Wellness. **IF FOR ANY REASON, WCB WILL NOT ACCEPT YOUR CLAIM; YOU SHALL ULTIMATELY BE RESPONSIBLE FOR ALL CHARGES.**

<i>*For your convenience we accept the following forms of payment:</i>	EXACT CASH	Debit	Visa	Master Card	AMEX
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## Financial and Cancellation Policy

<u>Chiropractic</u>	
Initial Chiropractic Examination	\$140
- Includes Day 1 Health History, Computerized Spinal Scan Analysis, Physical Examination, X-rays (if indicated), Day 2 Detailed Report of Findings, First Adjustment, Wellness Workshop attendance for you and a guest	
Subsequent Chiropractic Visit	\$50
New Complaints / Re-evaluations	\$90

<u>Massage Therapy</u>	
30 Minute Massage (specific area only)	\$55.20
45 Minute Massage	\$72.45
60 Minute Massage	\$89.70
90 Minute Massage	\$143.75
<b>**Massage Therapy Prices include 15% HST</b>	

<u>Orthotics</u>	
Custom Orthotic Inserts	\$360
Custom Orthotic Shoes (with inserts included)	\$460
Initial Orthotic Appointment (current practice member)	\$50
Initial Orthotic Appointment (new practice member)	\$90
Fitting/Adjustment Appointment	\$50

### Cancellation Policy Regarding Massage Therapy and Initial Chiropractic Visits

Our therapists, at Village Wellness, are often scheduled well in advance for appointments. We always seek to be on time to respect your valuable time.

We ask that you respect the time we are holding for you as well. We hope you understand that it is a hardship for us and that we must charge a small fee in the event of a no show or last minute cancellation.

**·NO SHOW / CANCELLATION FEE (less than 24hrs)→ \$25.00·**

**·LATE ARRIVAL → The FULL scheduled massage appointment will be charged·**

As a courtesy, when time allows, we make reminder calls for Massage and Initial Chiropractic appointments. If you do not receive your reminder call or message, the cancellation policy will still remain in effect.

### Hours of Operation

	Chiropractic Hours		Registered Massage Therapy Hours	Clinic Hours
Monday	7am – 9:30am	2pm – 6:00pm	12:45pm – 8pm	7am - 8pm
Tuesday	7am – 10am		7am – 6:15pm	7am - 8pm
Wednesday		2pm – 6:30pm	12:45pm – 8pm	10am - 8pm
Thursday			8:15am – 6:15pm	8am - 8pm
Friday	7am – 11am		7am – 4pm	7am - 4pm

I understand and agree that health/accident insurance policies are an arrangement between an insurance carrier and myself. I understand and agree that all services rendered to me and charged are my personal responsibility for timely payment. I understand that if I suspend or terminate my care/treatment, any fees for professional services rendered to me will be immediately due and payable.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_